

Home Delivered Meals

Home Delivered Meals are delivered throughout Wood, Lincoln, Langlade and Marathon Counties.

Many of the meals are delivered hot and ready to eat. There are some areas in which only frozen meal delivery once a week is available.

All meals are intended to meet 1/3 of the DRI's (Dietary Reference Intakes) for an older adult.

Before meal delivery begins, a home visit from staff of the Aging & Disability Resource Center of Central Wisconsin is completed to determine eligibility, and to assist with referral for other services if needed.

Who is eligible for Home Delivered Meals?

- o A person aged 60 or older who is frail & essentially homebound by reason of illness, disability, or isolation for whom an assessment concludes that participation is in the individual's best interest.

- o A spouse of a person eligible for a HDM as described above, regardless of age or condition, if an assessment concludes that it is in the best interest of the homebound older individual.

- o A person with a disability, under age 60, who resides in senior facilities occupied primarily by older individuals, at which congregate nutrition services are provided.

- o A disabled individual who resides at home with an older eligible individual participating in the program.

The suggested donation for Home Delivered Meals is \$3.95 per meal.

No eligible person will be denied a meal due to inability to pay, and each participant is asked to give a donation within their means.

For Home Delivered Meals, please call the Aging & Disability Resource Center of Central Wisconsin: 888-486-9545.

Would you like to volunteer to deliver Home Delivered Meals? Please call us to inquire: 888-486-9545.