



## **Volunteer with us!**

**Meal site volunteer:** Our congregate meal programs need volunteers to help prepare the dining room, assist in serving meals, and clean up after the food, fun and fellowship.

**Home delivered meal driver:** This volunteer would be given the opportunity to transport nutritious meals to community neighbors and friends.

**Health/wellness class volunteer:** Volunteers would be trained to lead classes, assist with class registrations, educational materials, supplies, and work with community health educators.

**Office assistant:** Projects could include making copies, answering phones, putting folders/information brochures together, stuffing envelopes, attaching mailing labels, and many more tasks based on the volunteers' interests.

**Home safety repair volunteers:** Volunteers can assist individuals with minor *safety* related projects in the home i.e. installing smoke detectors, repair and replace broken door handles, and doors, and various tasks to improve the safety of an older adult's home.

**Transportation driver:** Individuals to transport people to various locations within and outside our local communities. Do you enjoy driving?...this opportunity is for you!

*This opportunity is available in Wood County only. If you are interested in driving in other counties, we can connect you with the appropriate agency.*

**Toll free number: 888-486-9545 or [www.adrc-cw.com](http://www.adrc-cw.com)**

### **Antigo**

1225 Langlade Rd  
Antigo WI 54409  
715-627-6232

### **Marshfield**

300 S. Peach  
Marshfield, WI 54449  
715-384-8479

### **Merrill**

607 N Sales St  
Merrill WI 54452  
715-536-0311

### **Wisconsin Rapids**

220 3rd Avenue South  
Wisconsin Rapids, WI 54495  
715-421-0014

### **Wausau**

1000 Lakeview Drive  
Wausau, WI 54403  
715-261-6070