

February Dining Site and Home Delivered Meals Menu

Monday	Tuesday	Wednesday	Thursday	Friday
*= an asterisk means the MAIN ENTRÉE has reduced fat, cholesterol, salt, and calorie content ♥ = large heart means the ENTIRE MEAL has reduced fat, cholesterol, salt and calorie content		1 Turkey & Wild Rice Casserole Green Beans Almondine Potato Roll Cranberry Apple Crisp ♥	2 Sirloin Tips Mashed Potatoes Pea, Cheese, & Onions Salad Rye Bread Lynn's Special Dessert *	3 Poor Man's Lobster Baked Potato Carrots Potato Roll Apricots ♥
6 Brat on a Bun Grilled Onions Oven Fried Potatoes Creamy Coleslaw Birthday Cake BIRTHDAYS/ SUPER BOWL PARTY	7 Vegetable Lasagna Romaine Lettuce Salad Dressing Garlic Bread Fresh Fruit Cream Pie	8 Creamy Chicken Primavera over Linguine Broccoli Oat Bran Bread Pineapple Pistachio Torte ♥	9 Beef Chop Suey Brown Rice Stir-Fry Vegetables Egg Roll Mandarin Oranges Fortune Cookie ♥	10 Sliced Turkey Breast* Mashed Potatoes Gravy Asparagus Cranberry Sauce 12 Grain Bread Pumpkin Bar
13 Roast Beef ♥ Boiled Potatoes Gravy Cauliflower Whole Grain Roll Valentine Dessert VALENTINE'S DAY CELEBRATION	14 Chili w/ Macaroni Cheese Slice Cornbread Chilled Pineapple Strawberry Peach Jell-O Dessert	15 Baked Fish * Potatoes & Onions Tartar Sauce Carrot Coins Rye Bread Dutch Apple Crumble	16 Chicken Breast Parmesan-Buttered Pasta Peas Wheat Bread Peaches Cookie ♥	17 Open Face Pork Sandwich Whipped Potatoes Gravy Sweet Sour Coleslaw Apricots ♥
20 Sausage Red Beans & Rice Biscuit Mandarin Oranges Mardi Gras Dessert MARDI GRAS	21 Herb Baked Chicken Scalloped Potatoes Asparagus Raisin Bread Pumpkin Fluff	22 Baked Macaroni & Cheese Tropical Fruit Salad Vegetable Juice Whole Wheat Bread 7-Layer Bar	23 Beef Vegetable Stew Biscuit Whole Kernel Corn Grape Juice Chocolate Chip Cookie ♥	24 Egg Salad Sandwich w/Lettuce Split Pea Soup Assorted Crackers Fresh Fruit Dusted Brownie
27 Hot Beef & Gravy Sandwich on Fresh Roll Roasted Potatoes Carrots Pineapple Upside Down Cake *	28 Pasty Gravy Buttered Green Cabbage Potato Roll Vanilla Pudding with Peaches	29 Spaghetti & Meatballs Romaine Lettuce Salad w/Dressing Garlic Breadstick Angel Food Cake Strawberries	<u>All Meals Include:</u> Margarine/Butter Milk Coffee Condiments	